

# Body Measures

## Home Link 4-1

NAME \_\_\_\_\_

DATE \_\_\_\_\_

TIME \_\_\_\_\_



**Family Note** Today your child measured to the nearest half inch. Help your child measure an adult at home. Use a tape measure if available, or mark lengths on a piece of string and then measure the string with a ruler.

**Please return this Home Link to school tomorrow.**

Measure an adult at home to the nearest  $\frac{1}{2}$  inch. Fill in the information below:

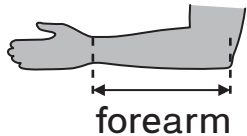


Name of adult: \_\_\_\_\_ Around neck: about \_\_\_\_\_ inches

Height: about \_\_\_\_\_ inches Around wrist: about \_\_\_\_\_ inches

Length of shoe: about \_\_\_\_\_ inches Distance from waist to floor:  
about \_\_\_\_\_ inches

Forearm: about  
\_\_\_\_\_ inches



Hand span: about  
\_\_\_\_\_ inches



Arm span: about  
\_\_\_\_\_ inches



## Practice

Fill in the unit box. Solve. Show your work in the space below.

Unit

① \_\_\_\_\_ =  $293 + 145$

②  $326 - 158 =$  \_\_\_\_\_